

VISION & GOALS SUCCESS SHEETS

People who take the time to write their vision and set strategic goals are 50% more likely to accomplish them.

DREAM AGAIN

Take the time to really dream. Open your heart to both the possibilities and the impossibilities for your life. In this exercise give yourself permission to think outside the box and have a Cinderella moment. What I mean is... dream big. Money (or lack of it) is not a hindrance, time is not a hindrance, your current life situation will not hold you back. You have been given a free ticket to your future. Now what does that look like?

Mind Map or list all the possibilities. I personally prefer to mind map and allow my thoughts to flow randomly. However, if you prefer to make a list, grab yourself some lined paper and list-away. Just remember to include every area of the wheel of life; financial, career, education, relationships, community, personal wellbeing (health & fitness), entertainment/travel and spiritual.

Mind Mapping Explained

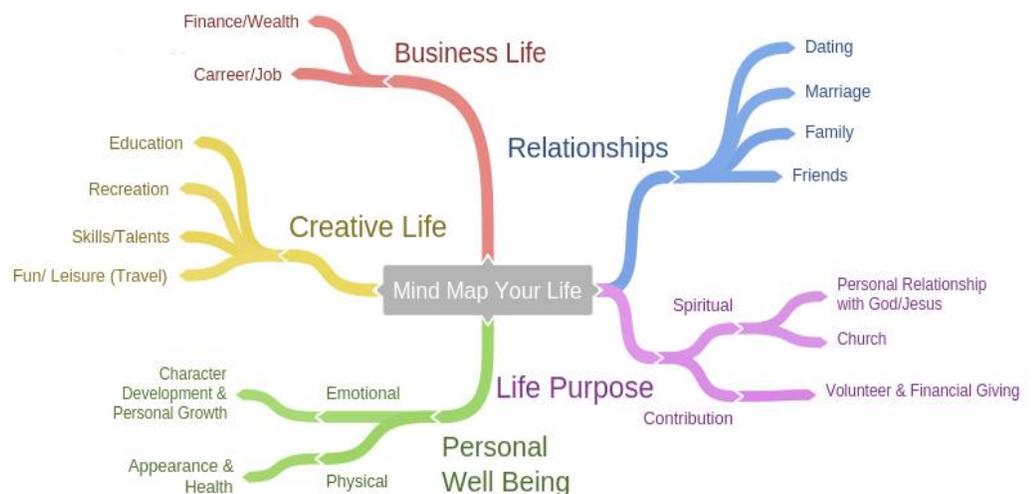
Mind Mapping is...

A simple way to brainstorm your personal thoughts in an organic way allowing you to think fluidly without concern about order and structure.

Mind mapping allows you to structure your ideas visually and helps you with analysis and recall.

A mind map is an effective diagram in which thoughts, ideas tasks, concepts and words, can link together around a central concept, theme, subject or idea and using a non-linear pictorial focus.

Simply, it allows for free flow in thinking.

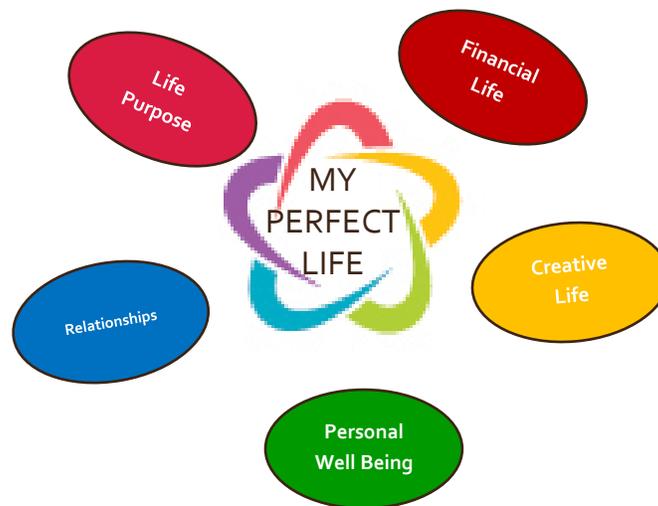




MY IDEAL LIFE MIND MAP SUCCESS SHEET



These are the 5 main areas as referred to in my “Wheel of Life”. Your personal Vision does not necessarily need to align with these categories. This is simply a guideline to assist you. You may wish to utilize additional sheets of paper and Mind Map each area separately.





Creating your Life Plan will help you increase the likelihood that you will get to where you want to go and live a more fulfilled and balanced life! The creation of this Life Plan means setting goals and specific action steps for those goals.

*If your vision board doesn't have a plan of action . . .
then all you have is a fantasy*

SET YOUR GOALS

Setting goals is such a vital and important part of accomplishing your Level 10 Lifestyle. God set the precedence with the Bible, in which He specifically told us in Habakkuk 2:2-3 to;

Write the vision and make it plain on tablets, that he may run who reads it. For the vision is yet for an appointed time; but at the end it will speak, and it will not lie. Though it tarries, wait for it; because it will surely come, it will not tarry. (NKJV)

The Amplified Bible says it this way;

Write the vision and engrave it plainly on [clay] tablets so that the one who reads it will run. For the vision is yet for the appointed [future] time it hurries toward the goal [of fulfillment]; it will not fail. Even though it delays, wait [patiently] for it, because it will certainly come; it will not delay. (AMP)

If you take the time to write out your goals and action steps to accomplishing them, they are more likely to be realized. Using the mind map, complete the following Goals Success sheet. Including all the short/long term and goals and the action steps to accomplish those goals.

Once you have your vision mind map done...it is time to set your goals. It is critical to be sure you have the incentive to stick with your new plan. It is crucial to identify what will help keep you motivated and what you will need to stay passionate about while pursuing your dreams.

In my Determine Your Destiny courses I work with you to Discover, Plan, Enjoy and Live your divine, God-given plan and purpose. To help you through the discovery and application process for achieving success, balance and a fulfilled lifestyle. Visit: www.sandradalziel.com/Courses

Goals need to be SMART - actions that are specific, measurable, actionable/attainable, realistic and time-bound. As you work through the Goal Setting Success Sheets, don't cheat yourself by skipping any steps. Set realistic deadlines for yourself. Get the action steps into your calendar and make them a priority in your life. This kind of action-oriented planning is what makes the difference between where you are now and where you will be at this time next year or in five years. You, your life and your success are worth the effort!



GOAL SETTING SUCCESS SHEET



Print out as many of these Goal Setting Success Sheets as you need. Use one sheet for each goal on your list.

GOAL _____

Today's Date: _____ Target Date: _____ Accomplished: _____

Benefit of Goal (It is important to identify the value this goal has to you. We will pay attention to those things that are important to us.)

Scripture(s) to Support My Goal

(Without the Word as the foundation, there will be no real or lasting change. Further, it is getting that Word into your heart by daily confession Biblical declarations) that will bring about these changes. "The sower sows the Word and the Word is sown in the heart" Mark 4:14; "... for out of the abundance of heart the mouth speaks" Luke 6:45

Possible Obstacles
<i>(What things in your life will hinder, slow or prevent you from accomplishing this goal?)</i>

Strategies to Overcome
<i>(What can you do to not allow those obstacles to interfere with accomplishing your goal?)</i>

YOUR SELF COMMITMENT PROMISE

I commit to myself to achieving this goal as stated above: _____ Date: _____
Your Signature



GOAL SETTING SUCCESS SHEET



Print out as many of these Goal Setting Success Sheets as you need. Use one sheet for each goal on your list.
When completed, transfer the tasks to your calendar.

	Action Steps (Tasks)	Target Date	Completed
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
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Don't let life happen to you, make it work for you!

How to implement your plan?

For each of us the motivation is different to accomplish your dreams. Some individuals need a coach to cheer them on, others need a mentor to walk alongside them. Still others need an accountability partner or connected with others in a group on social media. Know what it is for you and whatever drives you. If you tap into that drive, as you move toward your goals, you'll tend to stay on track. If there's a disconnect, you're far more likely to find reasons to lose interest and ultimately not accomplish your new lifestyle.

Always keep in mind that today is the first day of the rest of your life. Where you will be in a year from now and five years from now will be in direct relationship to what you commit yourself to do today.

LIFE *Style* COACHING

FREE 20 MINUTE CONSULT

DETERMINE *Your* DESTINY COURSES

Hook Up with Me for Total Success and Support

In my Determine Your Destiny course we go deep into this discovery process. I work together with you to help you narrow down (in detail) exactly what your top passions are and how God is the source of strength to accomplish the fullness for the completion of the plan in our lives.

With God All Things Are Possible!

Through this process, I teach you how to DISCOVER your God-given plan, so you can flow in your God-given power and live the life to the fullest and completeness that God has for you. Isn't that truly what you want for yourself?

You **can** make decisions about your life and your future with the information and awareness you currently have, or you can make decisions about your life based on a renewed truth of who you really are and what possibilities are available to you.

The reality is, if you make your life decisions based on the information that you currently have, you will get more of what you have.

For information on the current Promotion, email me with subject "I Want the Package Deal"

To register for my classes, visit www.sandradalziel.com/courses



On-site Courses



Online Courses



Vision Board Workshops



Online Coaching

Sandra Dalziel is a successful Lifestyle Coach, Teacher, Trainer and Mentor. Sandra offers a series of "Determine Your Destiny" Courses, Workshops and Refresher Weekend Events as well as 1:1 and or group Coaching. Sandra is an exceptional motivation speaker, and teacher and is available for group events and church ministry services.

Check out the website for complimentary inspiring information and downloads. The Success Secrets page for "Dime Time" which are power packed video messages will inspire you. These are foundational truths of success. In addition, check out the links to some powerful sermons from well-known ministers.

LIFE *Style*
COACHING

DETERMINE *Your*
DESTINY
REFRESHER WEEKEND

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DETERMINE *Your*
DESTINY
COURSES



This 4-course series includes:

DISCOVER *Your*
DESTINY

Course One

1. What are your true heart's desires
2. Discover hinderances and roadblocks
3. You are destined for greatness
4. Begin the Vision Board creation process
5. Define your purpose and passion

This course will begin to release you into your full potential and help you to become all that God has created you to be.

PLAN *Your*
DESTINY

Course Two

1. How to be transparent with yourself
2. To redirect thoughts and become future focussed
3. How to overcome life hinderances
4. How to process God's plan for your life

In this course we will utilize all that we learned in Discover your Destiny and take the necessary steps to overcome obstacles. You will come away from this course with a renewed sense of power! At the forefront of all of this, believing that God loves you and accepts you just the way you are.

LIVE *Your*
DESTINY

Course Three

1. How your thought life hinders your future
2. What type of learner you really are
3. Progressive, active steps to grow your brain
4. Faith declarations that bring the plan to pass
5. How to God deeper in God's Plan

God's plan for your life is so big and so vast that no matter what the age you are now, He wants to show you more. And walk with you as you fulfill those desires in your heart and become the life success you desire.

ENJOY *Your*
DESTINY

Course Four

1. Be encouraged to keep going
2. Assess the progress so far – where do you need to re-adjust?
3. Assess your next steps and refocus for the future
4. Intimacy with God will always get you through

This fourth course in the Determine Your Destiny Series will take you on a refreshing review of all that you have learned so far and assist you in remaining focussed and encouraged. The real benefit to this course is the indepth teaching and practical implemination tools and excercises to help you build a strong union with God; know His Voice; and follow His ways at all times. This is what we have been created for and is where our divine fulfillment is found.